

## It may be time for a new conversation.

If you're an adult with heart disease, lowering bad cholesterol can be a difficult journey. But it doesn't have to be. It's important to make sure you get the information you need when you talk to your doctor.

Print this Doctor Discussion Guide or simply write your answers down on a piece of paper; then, bring it to your next appointment and share with your doctor.

**Okay, let's get started. Why do you want to lower your bad cholesterol?** (Choose as many as you'd like.)

- I'm worried about heart attacks, given my heart disease
- My family is worried about me
- I've been trying but I'm still not happy with my progress
- High cholesterol runs in my family and I'm concerned
- Other \_\_\_\_\_

**Many people struggle to lower their cholesterol through lifestyle changes. It's important to let your doctor know the various things you're doing so you can come up with a plan of action together.**

(Choose as many as you'd like and add any additional details for your doctor in the space provided.)



Eating healthier  
\_\_\_\_\_  
\_\_\_\_\_



Increasing physical activity  
\_\_\_\_\_  
\_\_\_\_\_



Taking cholesterol-lowering medications  
\_\_\_\_\_  
\_\_\_\_\_



Keeping track of my cholesterol  
\_\_\_\_\_  
\_\_\_\_\_

**If there are other things you've been trying, write them down here:**

**If you've taken statins to help lower bad cholesterol, how many have you tried?** \_\_\_\_\_

### Approved Use

#### What is Repatha<sup>®</sup>?

Repatha<sup>®</sup> is an injectable prescription medicine used:

- in adults with cardiovascular disease to reduce the risk of heart attack, stroke, and certain types of heart surgery.
- along with diet alone or together with other cholesterol-lowering medicines in adults with high blood cholesterol levels called primary hyperlipidemia (including a type of high cholesterol called heterozygous familial hypercholesterolemia [HeFH]) to reduce low density lipoprotein (LDL) or bad cholesterol.

### Important Safety Information

**Do not use Repatha<sup>®</sup> if you** are allergic to evolocumab or to any of the ingredients in Repatha<sup>®</sup>.

**Before you start using Repatha<sup>®</sup>,** tell your healthcare provider about all your medical conditions, including if you are allergic to rubber or latex, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

**Please see full Prescribing Information and the following page for additional Important Safety Information.**

## Is it time to ask about Repatha®?

When it comes to not being able to lower my high bad cholesterol, I feel (choose as many as you'd like):



**Frustrated**  
(due to lack of progress)



**Intimidated**  
(by # of choices I need to make)



**Judged**  
(for still struggling to lower my LDL)



**Worried**

Why did you pick that/those feeling(s)? \_\_\_\_\_

Knowing your current LDL number and your goal is an important part of managing bad cholesterol. If you don't know the answers to the next four questions, ask your doctor during your appointment.

What is my most recent bad cholesterol number? \_\_\_\_\_

How has this number looked over the past 6 months? \_\_\_\_\_ 12 months? \_\_\_\_\_

What is my goal number? \_\_\_\_\_

Have I ever reached or come close to my goal number? \_\_\_\_\_

Bad cholesterol can be stubborn, but lowering it is possible. Ask your doctor today if adding Repatha® may be right for you.

### Important Safety Information (Cont'd)

The needle covers on the single-dose prefilled syringes and the inside of the needle caps on the single-dose prefilled SureClick® autoinjectors contain dry natural rubber. The single-dose Pushtrex® system (on-body infusor with prefilled cartridge) is not made with natural rubber latex.

Tell your healthcare provider or pharmacist about any prescription and over-the-counter medicines, vitamins, or herbal supplements you take.

### What are the possible side effects of Repatha®?

Repatha® can cause serious side effects including serious allergic reactions. Stop taking Repatha® and call your healthcare provider or seek emergency help right away if you have any of these symptoms: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

The most common side effects of Repatha® include: runny nose, sore throat, symptoms of the common cold, flu or flu-like symptoms, back pain, high blood sugar levels (diabetes) and redness, pain, or bruising at the injection site.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of Repatha®. Ask your healthcare provider or pharmacist for more information. Call your healthcare provider for medical advice about side effects.

**You are encouraged to report negative side effects of prescription drugs to the FDA.**

Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see full [Prescribing Information](#).